

Product Dosing Charts

All dosage amounts subject to vary based on individual use. Keep this product insert with your product(s) for future reference. Visit www.Trulieve.com for full product details and dosing information, ingredient lists, and warnings. Your doctor has recommended this medication for your use only; do not let anyone else use it. Consult your physician if you have any questions.

Please review all labels and packaging for allergy warnings and product-specific dosage form and strength. Products may contain soy, gluten, dairy, and/or coconut.



Trulieve®

TruPOD®

PRODUCT	PER POD	PER DRAW
.5G POD NATURAL TERPENES CANNABIS TERPENES	400MG THC, <5MG CBD	1.25MG THC, <.1MG CBD
.5G 1:1 POD NATURAL TERPENES CANNABIS TERPENES	200MG THC, 200MG CBD	0.625MG THC, 0.625MG CBD
1G POD NATURAL TERPENES CANNABIS TERPENES	800MG THC, <30MG CBD	1.25MG THC, <.1MG CBD
1G 1:1 POD NATURAL TERPENES CANNABIS TERPENES	400MG THC, 400MG CBD	0.625MG THC, 0.625MG CBD

Product Types: Sativa, Hybrid, Indica, CBD:THC Ratio

Cartridges

PRODUCT	PER CART.	PER DRAW
.5G CARTRIDGE NATURAL BOTANICAL TERPENES CANNABIS TERPENES TRUSPECTRUM LIVE SAUZ LIQUID LIVE RESIN O.PEN DAILY STRAINS O.PEN CURED RESIN	400MG THC, <5MG CBD	2.67MG THC, <1MG CBD
.5G CARTRIDGE CO2LORS	460MG THC, <5MG CBD	5MG THC, <1MG CBD
.5G CARTRIDGE ALCHEMY	375MG, <1MG CBD	5MG THC, <1MG CBD
.5G 5:3 CBD:THC CATRIDGE	150MG THC, 250MG CBD	1MG THC, 1.67MG CBD
1G CARTRIDGE NATURAL BOTANICAL TERPENES CANNABIS TERPENES TRUSPECTRUM LIVE SAUZ LIQUID LIVE RESIN O.PEN DAILY STRAINS O.PEN CURED RESIN	800MG THC, <10MG CBD	2.67MG THC, <1MG CBD
1G CARTRIDGE CO2LORS	920MG THC, <10MG CBD	5MG THC, <1MG CBD
1G CARTRIDGE ALCHEMY	750MG THC, <10MG CBD	5MG THC, <1MG CBD

Product Types: Sativa, Hybrid, Indica, CBD:THC Ratio

All-in-One Vape Pens

PRODUCT	PER PEN	PER DRAW
.3G PEN ALCHEMY	250MG THC, <5MG CBD	5MG THC, <1MG CBD
.3G PEN CO2LORS	225MG THC, <5MG CBD	5MG THC, <1MG CBD
1G PEN ALCHEMY	833.33MG THC, <10MG CBD	5MG THC, <1MG CBD
1G PEN CO2LORS	750MG THC, <10MG CBD	5MG THC, <1MG CBD

Alchemy Product Types: Sativa, Hybrid, Indica
Co2lors Flavors: Apricot, Blueberry, Grape Dreams, Strawberry Lemonade, Strawnana, Tropical Fruit, Sweet Melon

Concentrates

1g

%	ACTIVE	%	ACTIVE
69%	690 MG	80%	800 MG
70%	700 MG	81%	810 MG
71%	710 MG	82%	820 MG
72%	720 MG	83%	830 MG
73%	730 MG	84%	840 MG
74%	740 MG	85%	850 MG
75%	750 MG	86%	860 MG
76%	760 MG	87%	870 MG
77%	770 MG	88%	880 MG
78%	780 MG	89%	890 MG

.5g

%	ACTIVE	%	ACTIVE
69%	345 MG	80%	395 MG
70%	350 MG	81%	400 MG
71%	355 MG	82%	405 MG
72%	360 MG	83%	410 MG
73%	365 MG	84%	415 MG
74%	370 MG	85%	420 MG
75%	375 MG	86%	425 MG
76%	380 MG	87%	430 MG
77%	385 MG	88%	435 MG
78%	390 MG	89%	440 MG

Product Types: Sativa, Hybrid, Indica
Products: Shatter, Crmb1, Budder, CRML Sauz, Refined Crème, Live Meringue, Live Resin, Live Budder, Live Diamonds, Live Suga, Blue River Live Rosin

Kief

%	ACTIVE	%	ACTIVE
30%	263.1 MG	45%	394.7 MG
31%	271.9 MG	46%	403.4 MG
32%	280.6 MG	47%	412.2 MG
33%	289.4 MG	48%	421 MG
34%	298.2 MG	49%	429.7 MG
35%	307 MG	50%	438.5 MG
36%	315.7 MG	51%	447.3 MG
37%	324.5 MG	52%	456.0 MG
38%	333.3 MG	53%	464.8 MG
39%	342.0 MG	54%	473.6 MG
40%	350.8 mg	55%	482.4 mg
41%	359.6 mg	56%	491.1 mg
42%	368.3 mg	57%	499.9 mg
43%	377.1 mg	58%	508.7 mg
44%	385.9 mg	59%	517.4 mg

Product Types: Sativa, Hybrid, Indica

Tinctures

PRODUCT	PER BOTTLE	PER DOSE
500MG THC TINCTURE	500MG THC, <30MG CBD	10MG THC, <1MG CBD
500MG CBD TINCTURE	<30MG THC, 500MG CBD	<1MG THC, 10MG CBD
500MG 1:1 CBD:THC TINCTURE	250MG THC, 250MG CBD	5MG THC, 5MG CBD
250MG THC NANOTINCTURE	222MG THC, 28MG CBD	7.4MG THC, <1MG CBD
250MG CBD NANOTINCTURE	28MG THC, 222MG CBD	<1MG THC, 7.4MG CBD
250 1:1 CBD:THC NANOTINCTURE	125MG THC, 125MG CBD	4.2MG THC, 4.2MG CBD
600MG RSO TINCTURE	600MG THC, <30MG CBD	20MG THC, <1MG CBD
600MG 1:1 CBD:THC RSO TINCTURE	300MG THC, 300MG CBD	10MG THC, 10MG CBD

Product Types: Sativa, Hybrid, Indica, CBD, CBD:THC Ratio

Product Dosing Charts

Please review all labels and packaging for allergy warnings and product-specific dosage form and strength. Products may contain soy, gluten, dairy, and/or coconut.



Creams & Gels

PRODUCT	PER JAR	PER DOSE
250MG THC TOPICAL GEL	250MG THC, <5MG CBD	20MG THC, <1MG CBD

Suggested Dosage: Pea-sized dollop

Distillate Syringes

PRODUCT	PER SYRINGE	PER DOSE
1G TRUCLEAR NATURAL TERPENES CANNABIS TERPENES TRUSPECTRUM	850MG THC, <30MG CBD	25.5MG THC, <1MG CBD
1G ALCHEMY SYRINGE	750MG THC, <10MG CBD	5MG THC, <1MG CBD
1G CO2LORS SYRINGE	920MG THC, <10MG CBD	5MG THC, <1MG CBD

Suggested Dosage: 1/4in Drop (Similar to a grain of rice)

TruClear, Alchemy Product Types: Sativa, Hybrid, Indica

RSO Syringe

POTENCY	PER SYRINGE	PER DOSE
60%	360MG	18.0MG
61%	366MG	18.3MG
62%	372MG	18.6MG
63%	378MG	18.9MG
64%	384MG	19.2MG
65%	390MG	19.5MG
66%	396MG	19.8MG
67%	402MG	20.1MG
68%	408MG	20.4MG
69%	414MG	20.7MG
70%	420MG	21.0MG
71%	426MG	21.3MG
72%	432MG	21.6MG
73%	438MG	21.9MG
74%	444MG	22.2MG
75%	450MG	22.5MG
76%	456MG	22.8MG
77%	462MG	23.1MG
78%	468MG	23.4MG
79%	474MG	23.7MG
80%	480MG	24.0MG

Product Types: Sativa, Hybrid, Indica

Gels

PRODUCT	PER PKG	PER GEL
5MG GELS 5 PACK	25MG THC, <1MG CBD	5MG THC, <1MG CBD
5MG GELS 10 PACK	50MG THC, <1MG CBD	5MG THC, <1MG CBD
10MG GELS GELS NANOGELS GEL PUCKERS BINSKE CHEWS	100MG THC, <1MG CBD	10MG THC, <1MG CBD
5:1 THC:CBN GELS	100MG THC, 20MG CBN, <1MG CBD	10MG THC, 2MG CBN, <1MG CBD
1:1:1 CBD:THC GELS	50MG THC, 50MG CBD	5MG THC, 5MG CBD
1:1:1 CBD:CBN:THC GELS	100MG THC, 100MG CBD, 100MG CBN	10MG THC, 10MG CBD, 10MG CBN

Product Types: Sativa, Hybrid, Indica, THC:CBD Ratio, THC:CBN Ratio (Powered by Blue River), CBD:CBN:THC Ratio

Baked Goods

PRODUCT	PER PKG	PER PIECE
1:1 THC: CBD BROWNIES	50MG THC, 50MG CBD	5MG THC, 5MG CBD
THC-ONLY BROWNIES COOKIES	100MG THC, <5MG CBD	10MG THC, <1MG CBD
CBD COOKIES	<1MG THC, 100MG CBD	<1MG THC, 10MG CBD

Product Types: THC, CBD, THC:CBD Ratio
Allergy Warnings: May contain milk, wheat, egg, tree nuts, and soy.

Chocolate Bars

PRODUCT	PER PKG	PER PIECE
THC CHOCOLATE BAR	100MG THC, <1MG CBD	10MG THC, <1MG CBD
1:1 THC: CBD CHOCOLATE BAR	100MG THC, 100MG CBD	10MG THC, 10MG CBD
2:1 THC: CBN CHOCOLATE BAR	100MG THC, 50MG CBN, <10MG CBD	10MG THC, 5MG CBN, <1MG CBD
THC SINGLE-SERVE	10MG THC, <1MG CBD	10MG THC, <1MG CBD
1:1 THC: CBD SINGLE-SERVE	10MG THC, 10MG CBD	10MG THC, 10MG CBD

Product Types: Sativa, Hybrid, Indica, THC:CBD Ratio
Allergy Warnings: May contain milk and soy.

TruPowder

PRODUCT	PER PKG	PER PIECE
200MG TRUPOWDER	200MG THC, <1MG CBD	5MG THC, <1MG CBD
200MG CBD TRUPOWDER	<1MG THC, 200MG CBD	<1MG THC, 5MG CBD
200MG 1:1 TRUPOWDER	100MG THC, 100MG CBD	2.5MG THC, 2.5MG CBD
400MG TRUPOWDER+	400MG THC, <5MG CBD	10MG THC, <1MG CBD
400MG CBD TRUPOWDER+	<5MG THC, 400MG CBD	<1MG THC, 10MG CBD
400MG 1:1 TRUPOWDER+	200MG THC, 200MG CBD	5MG THC, 5MG CBD

Product Types: THC, CBD, THC:CBD Ratio
Allergy Warnings: Contains soy and coconut.

TruTonic

PRODUCT	PER PKG	PER PIECE
2MG TRUTONIC	50MG THC, <5MG CBD	2MG THC, <1MG CBD
5MG TRUTONIC 10 PACK	50MG THC, <5MG CBD	5MG THC, <1MG CBD
5MG TRUTONIC 20 PACK	100MG THC, <10MG CBD	5MG THC, <1MG CBD

Product Types: THC, CBD, THC:CBD Ratio

Cannatol Rx Nasal Spray

PRODUCT	PER BOTTLE	PER SPRAY
RESCUE NASAL SPRAY	1500MG THC, <25MG CBD	5MG THC, <1MG CBD

Mints

PRODUCT	PER PKG	PER PIECE
MINTS 20 PACK	40MG THC, <10MG CBD	2MG THC, <1MG CBD
MINTS 30 PACK	50MG THC, <10MG CBD	2MG THC, <1MG CBD

Product Dosing Charts

Please review all labels and packaging for allergy warnings and product-specific dosage form and strength. Products may contain soy, gluten, dairy, and/or coconut.



1g Flower

%	ACTIVE	%	ACTIVE
16%	160MG	26%	260MG
17%	170MG	27%	270MG
18%	180MG	28%	280MG
19%	190MG	29%	290MG
20%	200MG	30%	300MG
21%	210MG	31%	310MG
22%	220MG	32%	320MG
23%	230MG	33%	330MG
24%	240MG	34%	340MG
25%	250MG	35%	350MG

Product Types: Sativa, Hybrid, Indica, CBD, CBD:THC Ratio
Available Brands: Trulieve, Avenue, Black Tuna by TBTG, Binske, Cultivar Collection, DeLisioso, Khalifa Kush, Modern Flower, Old Hippie Stash by the Bellamy Brothers, Roll One, Sunshine Cannabis

7g Flower

%	ACTIVE	%	ACTIVE
16%	1120MG	26%	1820MG
17%	1190MG	27%	1890MG
18%	1260MG	28%	1960MG
19%	1330MG	29%	2030MG
20%	1400MG	30%	2100MG
21%	1470MG	31%	2170MG
22%	1540MG	32%	2240MG
23%	1610MG	33%	2310MG
24%	1680MG	34%	2380MG
25%	1750MG	35%	2450MG

Product Types: Sativa, Hybrid, Indica, CBD, CBD:THC Ratio
Available Brands: Trulieve, Avenue, Black Tuna by TBTG, Binske, Cultivar Collection, DeLisioso, Khalifa Kush, Modern Flower, Old Hippie Stash by the Bellamy Brothers, Roll One, Sunshine Cannabis

Capsules

PRODUCT	PER BOTTLE	PER DOSE
10MG THC CAPSULE	300MG THC, <20MG CBD	10MG THC, <1MG CBD
10MG CBD CAPSULE	300MG CBD, <20MG THC	10MG CBD, <1MG THC
10MG 1:1 CBD:THC CAPSULE	150MG THC, 150MG CBD	5MG THC, 5MG CBD
50MG THC CAPSULE	1500MG THC, <20MG CBD	50MG THC, <1MG CBD
50MG CBD CAPSULE	1500MG CBD, <20MG THC	50MG CBD, <1MG THC
50MG 1:1 CBD:THC CAPSULE	750MG THC, 750MG CBD	25MG THC, 25MG CBD
5MG CBN CAPSULE	150MG CBN, <10MG THC, <10MG CBD	5MG CBN, <1MG THC, <1MG CBD
10MG CBN CAPSULE	300MG CBN, <10MG THC, <10MG CBD	10MG CBN, <1MG THC, <1MG CBD
10MG 1:1 CBN:THC CAPSULE	150MG CBN, 150MG THC, <10MG CBD	10MG CBN, 10MG THC, <1MG CBD
10MG 1:1 CBN: CBD CAPSULE	150MG CBN, 150MG CBD, <10MG THC	10MG CBN, 10MG CBD, <1MG THC
15MG 1:1:1 (CBN: CBD:THC) CAPSULE	150MG CBN, 150MG THC, 150MG CBN	5MG CBN, 5MG THC, 5MG CBD
20MG 1:1 CBN: CBD CAPSULE	300MG CBN, 300MG CBD, <10MG THC	10MG CBN, 10MG CBD, <1MG THC
20MG 1:1 CBN:THC CAPSULE	300MG CBN, 300MG THC, <10MG CBD	10MG CBN, 10MG THC, <1MG CBD

Product Types: Sativa, Hybrid, Indica, CBD, CBD:THC Ratio, CBN
 (Powered by Blue River)

3.5g Flower

%	ACTIVE	%	ACTIVE
16%	560MG	26%	910MG
17%	595MG	27%	945MG
18%	630MG	28%	980MG
19%	665MG	29%	1015MG
20%	700MG	30%	1050MG
21%	735MG	31%	1085MG
22%	770MG	32%	1120MG
23%	805MG	33%	1155MG
24%	840MG	34%	1190MG
25%	875MG	35%	1225MG

Product Types: Sativa, Hybrid, Indica, CBD, CBD:THC Ratio
Available Brands: Trulieve, Avenue, Black Tuna by TBTG, Binske, Cultivar Collection, DeLisioso, Khalifa Kush, Modern Flower, Old Hippie Stash by the Bellamy Brothers, Roll One, Sunshine Cannabis

14g Flower

%	ACTIVE	%	ACTIVE
16%	2240MG	26%	3640MG
17%	2380MG	27%	3780MG
18%	2520MG	28%	3920MG
19%	2660MG	29%	4060MG
20%	2800MG	30%	4200MG
21%	2940MG	31%	4340MG
22%	3080MG	32%	4480MG
23%	3220MG	33%	4620MG
24%	3360MG	34%	4760MG
25%	3500MG	35%	4900MG

Product Types: Sativa, Hybrid, Indica, CBD, CBD:THC Ratio
Available Brands: Trulieve, Avenue, Black Tuna by TBTG, Binske, Cultivar Collection, DeLisioso, Khalifa Kush, Modern Flower, Old Hippie Stash by the Bellamy Brothers, Roll One, Sunshine Cannabis

1.75g Flower

%	ACTIVE	%	ACTIVE	%	ACTIVE
16%	560MG	21%	735MG	26%	910MG
17%	595MG	22%	770MG	27%	945MG
18%	630MG	23%	805MG	28%	980MG
19%	665MG	24%	840MG	29%	1015MG
20%	700MG	25%	875MG	30%	1050MG
				31%	1085MG
				32%	1120MG
				33%	1155MG
				34%	1190MG
				35%	1225MG

Product Types: Sativa, Hybrid, Indica, CBD, CBD:THC Ratio

Available Brands: Trekkers Cannabis